

TwentyOne Skills



How to Overcome Your Fear of Failure – eLearning Nugget

Objective

The fear of failure is a universal human experience. In academia, it can be especially challenging. In this course, you'll learn how to overcome your fear of failure and take positive risks, pursuing your greatest ambitions in academia.

Description

- The underlying factors contribute to the fear of failure
- How to change your relationship with failure
- 5 tips to overcome your fear of failure

Conditions

In cooperation with TwentyOne Skills, GRADE offers about 35 asynchronous online courses.

The 3-month sessions start at the beginning of January, April, July and October.

Registration is possible at any time. Confirmed participants can access the courses for 3 months at the online platform of TwentyOne Skills. The current registration link can be found here: <https://tinygu.de/en21skills>

Organizational Information

Language / Format	English / Online
Target group	Doctoral Candidates at all stages and Postdocs (R2/R3) from all faculties
Duration	Approx. 20 min.
Registration	https://tinygu.de/en21skills